

Bristol Recreation Department Program Guide: Spring & Summer 2019



Events - Programs - Activities

General Information

Our Mission

The Bristol Recreation Department is committed to offering lifelong learning opportunities through a wide range of quality recreational and performing arts activities to people of all ages.

Registration Information

You may register and pay online at bristolvtrec.com or mail in your signed registration with a check made out to: Town of Bristol

How to Register Online

1. Visit bristolvtrec.com
2. Create a new account or log in to your existing account. (Note: Creating a new account is a one-time event that allows you to utilize our system. It is not a registration by itself)
3. Enter the primary billing contact first (must be an adult)
4. Add other members of your household
5. After all members are added, you may browse programs and add classes and workshops to your cart.
6. Checkout and pay

Registration Guidelines

- Parent/guardian signature is required for participants age 17 and under
- Residents are those whose primary home is located in the 5 town area (Bristol, Lincoln, Starksboro, Monkton & New Haven)
- Not all classes or programs accept 'drop-in' participants. Please contact the Recreation Department if you have questions
- Please be aware that program information including time, location and associated fees may be subject to change
- If you require special accommodations, please contact the recreation department prior to the first class
- Failure to complete payment for a program prior to the first session/class may result in additional fees

Policies and Procedures

Scholarship Assistance

Scholarships are available through the Recreation Department Office. Please contact us to setup a meeting and complete the necessary paperwork.

Cancelations

If ANESU schools are canceled due to inclement weather, Bristol Recreation Department programs will also be canceled.

Refund Policy

If you are dissatisfied with a program after the first session, you must submit a written explanation to the Bristol Recreation Department prior to the second session to be eligible to receive a refund. In the event of an extended illness or injury, the Recreation Department must be notified immediately and receive a written medical/doctor's explanation in order to issue a prorated refund. Bristol Recreation Department will not issue refunds for ticketed events or single session workshops. Refunds will be issued for programs canceled by the Bristol Recreation Department. An administrative fee of \$5.00 will be charged for all processed refunds.



Recreation Department Staff

Meridith McFarland
Recreation Director
recdirector@bristolvt.org
(802) 453-5885

Alex Mihavics
Recreation Assistant
recreation@bristolvt.org
(802) 453-5885

Matlak Mayforth
Potter in Residence
(802) 453-7684

Contact Us

Holley Hall
PO Box 249
1 South St.
Bristol, VT 05443
Office Hours 8:00am-4:30pm
Phone: (802) 453-5885
Fax: (802) 453-5188
www.bristolvtrec.com

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Vacation Swim!

Mt. Abe Pool

9:30-Noon

\$3/person

Children under 2 free

April 22-26

Children 10 and under must be accompanied by an adult



GREEN UP VERMONT

MAY 4TH 2019

GREEN UP DAY, the first Saturday in May, is a special day in Vermont when thousands of volunteers come out in their communities for a massive spring clean up of litter. It is the largest statewide volunteer event in Vermont with over 22,000 taking part, and the only statewide Green Up Day in the United States.

In Bristol, we'll have volunteers handing out bags on the Town Green on May 4th from 8 am - noon. New this year, we'll hold a Green Up Day Expo on the Town Green showcasing green energy and all things environmental.

Contact Carolyn Dash with any questions
(802)881-7341 or thecarolyndash@gmail.com

RAIN BARREL & COMPOSTING WORKSHOP

FREE AND OPEN TO THE PUBLIC
SATURDAY MAY 11TH
HOLLEY HALL
9:30AM—12:30PM



Sponsored by: Addison County Solid Waste District and Bristol Energy Commission

Teddy Bear Picnic



**Wednesday June 26th
12 pm**

Bristol Town Green

Bring your favorite bear and join us at the Veterans Memorial where Ted E. Bear will lead a parade to the playground for



June 20

**INTERNATIONAL
TENNIS DAY**



**TUESDAY JUNE 20TH
11AM - 5PM**

BRISTOL REC FIELD TENNIS COURTS

ALL AGES AND EXPERIENCE LEVELS WELCOME

**ACTIVITIES INCLUDE:
FREE SKILLS WORKSHOP WITH
LOCAL INSTRUCTOR DWIGHT IRISH
FRIENDLY GAMES
TRAINING ADVICE, AND MORE**

Town Wide Yard Sale

June 22nd, 2019

9am - 3 pm

\$15 for Residential Site

Registration deadline: June 12th

All residential sites will be listed on our map and included in all advertising (Front Porch Forum, Facebook, Town Website, Bulletins, Flyers and more)

Register online at www.bristolvtrec.com or in person at the Bristol Recreation Office in Holley Hall



POCOCK ROCKS

MUSIC FESTIVAL AND STREET FAIR

SATURDAY, JUNE 15TH

⚡ 3PM-8PM ⚡

DOWNTOWN BRISTOL

MUSIC at the PARK



7pm Wednesdays
June 19th—August 28th



BRING A LAWN CHAIR, BLANKET, OR PICNIC
DINNER AND ENJOY AN EVENING OF SMALL
TOWN ENTERTAINMENT!



Tuesday August 6th at 6:30

Town Green

Free and open to the public

The Traveling Theatre Wagon,
based in Charlotte, serves as our
stage and inspiration while we host
summer camps and collaborate to
write original plays.



MOVIES IN THE PARK AFTER DARK

*Free and open to the public
Showings start at 7pm on the Town Green*

JULY 11TH—JUMANJI (2017)

JULY 18TH—SOLO: A STAR WARS STORY

JULY 25TH—MARY POPPINS (1964)

AUGUST 1ST—INSIDE OUT

AUGUST 8TH—THE WIZARD OF OZ

SPONSORED BY:



Bristol Clay Studio

The Bristol Clay Studio is located in Artist's Alley next to Art on Main. All clay classes are held at the Bristol Clay Studio. We are delighted to have Matlak Mayforth, our Potter in residence now for over 18 years, teach all of our classes. The clay studio is a place where skills are learned, fun happens and connections are made. Class fees include the first 12.5 lbs of clay, glazing and firing costs.



Wednesday Morning Adult Handbuilding

No experience necessary! Learn or refine several techniques of handbuilding to create functional or non-functional pottery in a fun, relaxed and supportive class! This class meets once a week for 6 weeks on Wednesday mornings.

Location: Bristol Clay Studio MIN/MAX: 5/10
 Age Day Time Date R/NR Fee Code
 Adult W 10:45-12:15P 4/10-5/22 \$75/85 002-05

Wednesday/Thursday Evening Adult Handbuilding and Wheel Throwing

No experience necessary! Learn techniques for hand building and wheel throwing to create functional or non-functional pottery in a fun, relaxed and supportive class! This class meets once a week for 6 weeks on Wednesdays or Thursday nights and offers open studio time on Saturday mornings 9am-11am.

Location: Bristol Clay Studio MIN/MAX: 5/10
 Age Day Time Date R/NR Fee Code
 Adult W 6:00-8:00P 4/10-5/22 \$120/130 003-05
 Adult Th 6:00-8:00P 4/11-5/23 \$120/130 003-08



After School Pottery

After a busy day at school, come to the relaxed atmosphere of the Clay Studio. Students (Teens Welcome!) may choose between hand building and wheel throwing and will develop the skills of a potter while bringing their ideas into form. All work will be glazed and fired to take home.

The Rec. Department will walk students from the Bristol Elementary Office to the Pottery Studio.
 Location: Bristol Clay Studio MIN/MAX: 6/10

Age	Day	Time	Date	R/NR Fee	Code
6-16	Tu	3:15-4:45P	4/9-5/21	\$70/80	005-10
6-16	Th	3:15-4:45P	4/11-5/23	\$70/80	005-09

Pee-Wee Pottery

A fun and popular class where kids rule the clay! Parents are invited to observe and interact to support their child's clay play. Children are encouraged to let their imaginations fly, while learning techniques of handbuilding and the etiquette of working in a clay studio. Only work created by children will be glazed and fired to take home. This class meets once a week for six weeks.

Location: Bristol Clay Studio MIN/MAX: 5/8
 Age Day Time Date R/NR Fee Code
 3-6 Sa 9:30-10:30A 4/13-5/25 \$65/75 004-05

Vacation Clay Camps

What a great way to spend part of your spring break! Come to the Bristol Clay Studio and explore the potter's wheel or use your creativity and build with your hands. The emphasis of this week-long camp will be having fun and being creative while learning pottery techniques (Teens Welcome!).

Location: Bristol Clay Studio MIN/MAX: 5/8
 Age Day Time Date R/NR Fee Code
 6-16 M-F 1:00-3:00P 4/22 - 4/26 \$110/120 006-02

Summer Clay Camps

Join us for some seriously playful fun at the Bristol Clay Studio! Campers will have the opportunity to learn and develop handbuilding skills and work the potter's wheel. Come with your own ideas or plan on being inspired. All creations will be glazed and fired to take home.

Location: Bristol Clay Studio MIN/MAX: 5/8
 Age Day Time Date R/NR Fee Code
 6-16 M-F 1:00-3:00PM 7/8-7/12 \$125/135 320-01
 6-16 M-F 1:00-3:00PM 7/15-7/19 \$125/135 320-02
 6-16 M-F 1:00-3:00PM 8/5-8/9 \$125/135 320-03
 6-16 M-F 1:00-3:00PM 8/12-8/16 \$125/135 320-04

Education/Certificate Classes

AHA Adult & Child CPR/AED

In this class you will learn American Heart Association's CPR/AED and choking rescue techniques for adults and children over 1 year of age. This is an active class so please dress comfortably. This class includes a certification card upon completion.

Location: Rescue Squad Meeting Room
Instructor: Sharon Compagna **MIN/MAX:** 4/10

Age	Day	Time	Date	R/NR Fee	Code
Adult	Tu	6:30-8:30P	5/14	\$65/75	321-01
Adult	Tu	6:30-8:30P	8/20	\$65/75	321-02



American Heart Association®

AHA First Aid

In this course, students will learn critical skills to respond to and manage an emergency in the first few minutes until emergency medical services arrives. Students learn duties and responsibilities of first aid rescuers as well as first aid actions for medical emergencies. A certification card will be issued upon successful completion of the course.

Location: Rescue Squad Meeting Room
Instructor: Sharon Compagna **MIN/MAX:** 4/10

Age	Day	Time	Date	R/NR Fee	Code
Adult	Tu	6:30-9:30P	6/18	\$65/75	220101-01

Safe Sitter Essentials Class

The Safe Sitter program includes instruction in babysitting skills and techniques that include: care of choking infant/child, infant and child CPR, injury prevention and management, safety for the sitter, child care essentials, behavior management and babysitting as a business.



SAFESITTER

Location: Holley Hall
Instructor: Meredith McFarland, Alex Mihavics
MIN/MAX: 4/8

Age	Day	Time	Date	R/NR Fee	Code
12-16	Sa	8:00-1:30P	3/23	\$65/75	322-01
12-16	Tu	11:30-4:30P	5/7	\$65/75	322-02

Adult West African Drumming

Learn the rhythms of West Africa in this fun djembe drumming class! Instructor Seny Daffe grew up in Guinea, W. Africa, where he was trained by various master instructors and has taught and performed throughout W. Africa, Europe and the U.S.

Location: Holley Hall *Please drop in any week.
Instructor: Seny Daffe

Age	Day	Time	Date	R/NR Fee
15+	Su	5:00-6:30P	9/2-Ongoing	\$20/\$20

Vermont Hunter Education Traditional Course



This free class is open to participants of all ages*, experience and abilities. Hunters wanting to reactivate are encouraged to attend as well.

Topics covered include: Basic introduction to Hunter Education, Bow & Firearms hunting safety, Hunter responsibility & personal preparedness, wildlife conservation & hunting opportunities in the area. Safe firearms handling, hunter ethics, outdoor survival skills, wildlife management and hunting rules and regulations will also be covered in this course. Participants must attend all classes and pass the testing required to obtain a hunting license in the state of Vermont.

**Participants under 16 years of age must bring a completed Parental Consent Form*

Location: Holley Hall
Instructor: Fred Schroeder **MIN/MAX:** 10/40

Age	Day	Time	Date	R/NR Fee
Adult	(see below)			\$0/0

Participants must sign up online:

<https://register-ed.com/events/view/136031>

Class Schedule:

Monday, April 1st : 6:00-9:00P

Wednesday, April 3rd : 6:00-9:00P

Saturday, April 6th : 8:00A-4:00P

Monday, April 8th : 6:00-9:00P

Wednesday, April 10th : 6:00-9:00P

Health and Wellness Classes

Community Volleyball

This is an intermediate level program. Experience in recreational volleyball is required. Classic three touch volleyball team play creates a fun, fast-paced game with receiving, passing, setting and smashing.

PLEASE NOTE: Time is subject to change due to school schedule. No volleyball during school vacations.

You may pay \$2.00 per session rather than the full season

Location: Bristol Elementary School Gym
Instructor: Teri Fitzgerald **MIN/MAX:** 8/16
Age **Day** **Time** **Date** **R/NR Fee** **Code**
 15+ W 7:00-9:00P 9/12-6/5 \$45 013-01



Community Basketball

Stay active year round with this 'pick-up' style basketball program.

PLEASE NOTE: Time is subject to change due to school schedule. No basketball during school vacations.

You may pay \$2.00 per session rather than the full season

Location: Bristol Elementary School Gym
Instructor: Justin Tierney **MIN/MAX:** 6/30
Age **Day** **Time** **Date** **R/NR Fee** **Code**
 15+ M 7:00-9:00P 9/10-6/10 \$45 015-01

Holley Hall Play Group

There will be music and mats to play on and friends to make. Bring some toys and have some fun. Co sponsored by: Building Bright Futures

All children must be accompanied by an adult

Location: Holley Hall
Age **Day** **Time** **Date** **R/NR Fee**
 0-5 W 9:30-11:30A 10/3-5/29 \$0/\$0

Adult Tennis Lessons

Whether you want to improve your drop-shot or focus on the fundamentals, long-time Tennis Instructor Dwight Irish will coach, encourage and push you to reach your summer tennis goals. All ages and experience levels are welcome in this weekly class.

Players should bring their own racquet if they have one. If not, racquets are available on loan.

Location: Bristol Rec Club Tennis Courts
Instructor: Dwight Irish **MIN/MAX:** 4/8
Age **Day** **Time** **Date** **R/NR Fee** **Code**
 16+ W 6:00-7:30P 6/25-8/7 \$55/65 015-01

Beginner Yang Style Tai Chi

Tai Chi is an enjoyable exercise of a slow smooth continuous set of forms. Besides focusing on Mind-Body Coordination and Mindfulness, studies have shown it to be effective in improving hypertension, cardiovascular fitness, muscle strength, balance and in relieving stress.

Tai Chi Vermont Certified Instructor Jerry Henderson looks forward to leading you through the basic principles of Tai Chi in the Yang Style while learning the 24 forms in a step by step format. No experience is necessary for this class, all students welcome.

Location: Holley Hall
Instructor: Jerry Henderson **MIN/MAX:** 4/16

Age **Day** **Time** **Date** **R/NR Fee** **Code**
 Adult W 4:00-5:00P 3/6-5/29 \$65/75 323-01

Zumba with Mary Ann Boyd

No experience necessary for this introduction to the popular, Latin inspired work out class. Participants will learn basic steps at first and slowly add more moves at their own pace. All sessions are designed to get your heart-rate up.

You may drop-in to any class and pay \$10.00 per session rather than the full course.

Location: Holley Hall
Instructor: Mary Ann Boyd **MIN/MAX:** 5/15

Age **Day** **Time** **Date** **R/NR Fee** **Code**
 Adult Tu, Th 5:45-6:45P 8/13-9/12 \$72/82 014-02

B Fit Classes

At BFIT we strive to build an environment that promotes health, fitness, and community. Not only do we offer daily group fitness classes at our center, but we also work closely with the Mount Abraham Unified School District and the Bristol Recreation Department to bring Wellness Classes and Programs to the community at large. At BFIT we believe that health and fitness is more than just a routine workout. It's developing a healthy and sustainable lifestyle and encouraging others to do the same.

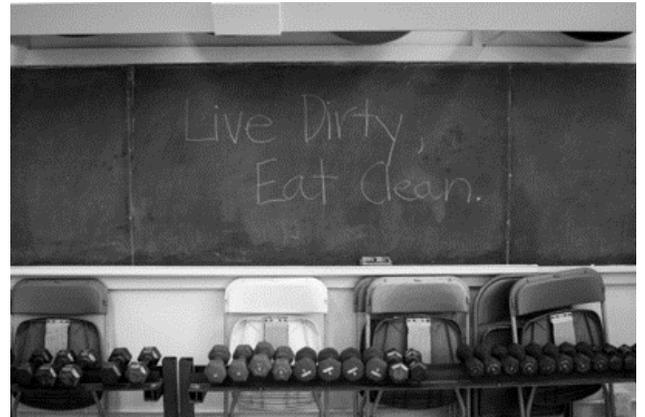
Upcoming Events

The Human Microbiome: The Raging From Within

Monday, March 11th 6:30PM

Join us at BFIT for a showing of Episode 2 of The Interconnected Series - The Human Microbiome: The Raging From Within. We will explore the ancient use of the microbiome in healing, with true stories of modern medical use. Learn about what causes autoimmune diseases and how to protect yourself against them. Today's functional medicine is treating patients based on their microbiome. Hear personally from doctors who have been healing chronic diseases solely based on the microbiome.

Sign up by emailing Kim Jacobs at kim@bfitvt.com or by calling BFIT at 802.453.5205.



Sunday Yoga Theme March 2019 The Fitness of Rest

Every Sunday from 4PM-5PM

Instructed by Jen Peterson and Valerie Dearing

Your body needs stillness and quiet to rejuvenate and replenish energy just as much as you need exercise and movement-maybe even more in this super-connected, anxiety-provoking world.

Yin yoga is a great way to care for your body and mind in a restful way. Hold gentle seated or lying down poses adapted to your body and nourish what is depleted. You will also connect to a deeper part of yourself, creating a sense of wholeness that is pure and joyful. Yin yoga is great for joint mobility and a truly accessible yoga style for every body.

Free to BFIT members and \$15/class for non-members.



Gymnastics Classes

Family/Child Gymnastics

In this family/toddler class parents MUST participate with their child. We will have a fun-filled morning of movement in a safe environment. They will develop balance and body awareness as we learn foundational skills on tumbling mats, balance beams, bars and more.

Location: BES Gym

Instructor: Lindsey Hescock **MIN/MAX:** 6/12

Age	Day	Time	Date	R/NR Fee	Code
2-4	Sa	9:00-9:50A	5/4-6/15	\$65/75	301-05

*No class on 5/25

Beginner Gymnastics

School Age, K-6 students will work on the foundational skills they need to learn and master rolls, cartwheels, round offs, headstands, handstands, backbends, jumps and more. Students will improve balance, body awareness, coordination, flexibility, and confidence while using tumbling mats, balance beams, bars, rope, and other equipment.

Location: BES Gym

Instructor: Lindsey Hescock **MIN/MAX:** 6/12

Age	Day	Time	Date	R/NR Fee	Code
5-12	Sa	10:00-11:00A	5/4-6/15	\$75/85	311-05

*No class on 5/25

Intermediate Gymnastics

In this class, students will take their skills to the next level. Entry into this class requires students to have completed at least one previous session and be able to do rolls, cartwheels, a handstand, and a backbend on their own.

Location: BES Gym

Instructor: Lindsey Hescock **MIN/MAX:** 6/12

Age	Day	Time	Date	R/NR Fee	Code
5-12	Sa	11:00-12:15P	5/4-6/15	\$85/95	310-05

*No class on 5/25

Advanced/Pre-Competitive Gymnastics

This class will give motivated students extra time in the gym to work on skills including walkovers, handsprings, and movement combinations on all apparatus. Experienced gymnasts and teens will practice skills they will need in U.S.A Gymnastics competitions.

Location: BES Gym

Instructor: Lindsey Hescock **MIN/MAX:** 4/12

Age	Day	Time	Date	R/NR Fee	Code
5-12	Sa	12:30-2:00P	5/4-6/15	\$95/105	312-05

*No class on 5/25

Family / Child Gymnastics Camp

Designed for pre-school age children to work on fundamental tumbling skills, balance and flexibility. Every gymnast will have a chance to practice their skills on the bars, balance beam, rope and more.

Location: BES Gym

Instructor: Lindsey Hescock **MIN/MAX:** 6/12

Age	Day	Time	Date	R/NR Fee	Code
3-5	M-F	8:00-9:00	6-24-6/28	\$75/85	324-02

Multi-Age Gymnastics Camp

This half day camp will include an emphasis on proper fundamentals as well as focused small group instruction on bars, balance beam, handstands, walkovers, rope and conditioning. Gymnasts will make substantial progress in their gymnastics skills over the course of this inspiring week of camp.

Location: BES Gym

Instructor: Lindsey Hescock **MIN/MAX:** 4/12

Age	Day	Time	Date	R/NR Fee	Code
6-8	M-F	9:00-12:00P	6/24-6/28	\$185/195	325-02

2-Day Gymnastics Workshop

This intensive workshop has been created for aspiring gymnasts, dancers, cheerleaders, and others who are looking for an opportunity to focus on improving their tumbling, flexibility, balance, and technique. In two days, students will be challenged to learn new skills on the floor, beam, and bars. We will also review leaps, jumps, partner balancing, and much more. If you like to move, you will love this workshop!

Gymnasts should please bring: a water bottle, 2 healthy snacks, and lunch.

Location: BES Gym

Instructor: Lindsey Hescock **MIN/MAX:** 8/16

Age	Day	Time	Date	R/NR Fee	Code
5-12	Th/Fri	8:00A-2:00P	6/20-21	\$120/130	326-01
5-12	M/Tu	8:00A-2:00P	7/1-2	\$120/130	326-02

Dance / Ballet Classes

Classes are led by Evelyne Germain who trained at the Boston Conservatory of Music, The Alvin Ailey American Dance Center, Les Ballets-Jazz de Montreal and with Shelley Ismail among others. She danced professionally with the Ottawa Dance Theater, Axis Mime Theater and Theater of Giants.

April / May Creative Dance/Ballet

In these classes students will develop body and spatial awareness, balance, strength and flexibility through learning ballet and modern technique. Their imagination and creativity will be stimulated through music, rhythms, images and stories. They will also learn a short dance.

Location: B Fit
Instructor: Evelyne Germain **MIN/MAX:** 5/10

Age	Day	Time	Date	R/NR Fee	Code
5-7	Tu	5:30-6:30	4/30- 5/28	\$65/75	017-03
7.5-11	Tu	6:30-7:30	4/30- 5/28	\$65/75	017-04



August Dance Camp

In these daily ballet/creative dance classes we will focus on turning and jumping as well as developing balance, body and spatial awareness and increasing flexibility, and strength. The student's imagination and creativity will be stimulated through music, images and structured dance improvisation. They will also create their own dance combination as well as learn a short dance. There will be an informal studio presentation on the last day.

Location: B Fit Studio
Instructor: Evelyne Germain **MIN/MAX:** 5/12

Age	Day	Time	Date	R/NR Fee	Code
7.5-11	Tu-Sat	(see below)	8/20-8/24	\$140/150	018-05

August Dance Camp Days & Times:
 T/F 11:00-1:15
 W/Th/Sat 10-12:15



June Daily Class Creative Dance/Ballet

Perfect for the younger student, these daily classes are designed as an introduction to dance and basic ballet. The class will develop and focus on body and spatial awareness, balance, and flexibility. We will also explore rhythms, musicality and stimulate children's imagination and creativity.

Location: Holley Hall
Instructor: Evelyne Germain **MIN/MAX:** 5/8

Age	Day	Time	Date	R/NR Fee	Code
3-4	M-F	3:30-4:15P	6/10-6/14	\$65/75	018-03
4-6	M-F	4:15-5:00P	6/10-6/14	\$65/75	018-04

Film / Photography

NEAT TV

NEAT is a non-profit community-based media center committed to media democracy and citizen involvement. Its mission is to strengthen the fabric of community life by using locally produced media to promote public dialogue, greater understanding, and citizen involvement. NEAT provides the tools, the training, and the airwaves, enabling community members of all ages to produce and share media that matters.

Location: NEAT TV Studio

Instructor: Shawn Kimball **MIN/MAX:** 4/8

Camera Technique and Operation

This week-long class serves as a beginners guide to camera operating. Participants will learn techniques for filming live performances, documentaries, and narrative filmmaking.

Grade	Day	Time	Date	R/NR Fee	Code
4-8	M-F	9:00-12:00P	6/24-6/28	\$110/120	10410-02

Editing for the New Age

Today's editing process needs to be fast and cheap. In this class, students will learn different ways to quickly create your product and distribute it to your audience. A variety of different export formats (YouTube, Promo Videos for Websites, Theatrical Releases) will also be covered.

Grade	Day	Time	Date	R/NR Fee	Code
4-8	M-F	1:00-4:00P	6/24-6/28	\$110/120	210410-03



Digital Photography Series

This workshop will cover the basics of digital photography with a Digital Single Lens Reflex (DSLR) Camera. Get yourself off the 'auto' setting and maximize your camera in this 4 week course. All participants are encouraged to bring their DSLR camera and manual to this workshop. **DSLR cameras are available to borrow for class use only**

Sign up for all 4 classes online and pay just \$90

Location: Bristol Fire Station - Conf. Room

Instructor: Mark Bouvier **MIN/MAX:** 4/10

Introduction to Digital Photography

The goal of this session is to get yourself fully acquainted with your camera. This workshop will cover the basics of digital photography with a Digital Single Lens Reflex (DSLR) Camera.

Age	Day	Time	Date	R/NR Fee	Code
13+	Tu	5:30-6:30P	4/23	\$30/40	23040-01

Beyond the Basics

In this session, participants will gain an understanding of the ISO, aperture and shutter speed, including depth of field.

Age	Day	Time	Date	R/NR Fee	Code
13+	Tu	5:30-6:30P	4/30	\$30/40	23040-02

All About Lighting

Lighting, both ambient and flash photography along with shooting during the golden hour will be the topics of this session.

Age	Day	Time	Date	R/NR Fee	Code
13+	Tu	5:30-6:30P	5/07	\$30/40	23040-03

Bristol Photography Walk

Apply all your new-found photography skills by photographing beautiful downtown Bristol. Afterwards, participants will return to the Fire Station to look at their results.

Age	Day	Time	Date	R/NR Fee	Code
13+	Tu	5:30-6:30P	5/14	\$30/40	23040-04

Summer Camps

Vermont Voltage Soccer Academy

Enjoy the opportunity to learn all aspects of soccer in a challenging, competitive environment from a professional soccer team. The focus will be on the development, improvement and refinement of basic soccer playing skills. Individual and group Instruction will be provided by Vermont Voltage Soccer coaches and players.

Location: Bristol Rec. Field **MIN/MAX:** 6/25

Instructor: Vermont Voltage Coaches

Age	Day	Time	Date	R/NR Fee	Code
8-12	M-F	5:00-8:00P	7/8-7/12	\$125/135	210305-01

Summer Tennis Camp

Players will learn to master the fundamentals (grips, stroke, motions, and stance) while having fun. Players will also play friendly matches and games to practice their skills!

Players should bring their own racquet if they have one. If not, racquets are available on loan.

Location: Bristol Rec Club Tennis Courts

Instructor: Dwight Irish **MIN/MAX:** 4/8

Age	Day	Time	Date	R/NR Fee	Code
6-9	M-F	10:00-11:00A	8/5-8/9	\$65/75	210307-01
10-12	M-F	11:00-12:00P	8/5-8/9	\$65/75	210307-02

Girl Power!

Girl Power camps and workshops are designed to inspire to personal growth and promote a positive mindset. The goal of this program is to teach skills aimed at helping young girls navigate the challenges of their daily lives with a feeling of confidence and empowerment. Girls will learn skills so they can more easily tap into their inner strength and confidence, and are inspired to push their limits with a strong body and powerful mind.

August 5th: Mirror, Mirror On the Wall

This workshop will focus on self image and confidence by reflecting on our experiences as girls and focusing on the power of positive words and affirmations.

August 12th: Table Talk

This workshop will focus on communication and how to find strength in our words and the voices of others.

August 19th: Not All Models Walk the Runway

This day we will adventure around our community and meet powerful role models that live and work in the Bristol community.

Location: Howden Hall Meeting Room

Instructor: Zoe Cassels-Brown **MIN/MAX:** 4/10

Age	Day	Time	Date	R/NR Fee	Code
10-13	Tu	3:00-6:00P	8/5-8/19	\$90/100	320103-01

River Camp

Come join us for the 19th year of River Camp! A week of fun and games along the beautiful New Haven River. This camp features hiking, swimming, tubing, games & more. Since many activities occur in or near water, the ability to swim is strongly suggested. Certified staff, lifeguards and returning instructor Matt Senecal bring a summer's worth of fun in just one week!

All information about specific activities, what to wear/bring and more will be distributed to parents one week prior to the first day of each session.

Location: Sycamore Park

Instructor: Matt Senecal **MIN/MAX:** 12/20

Age	Day	Time	Date	R/NR Fee	Code
7-13	M-F	9:00-3:00P	7/15-7/19	\$210/220	210202-01
7-13	M-F	9:00-3:00P	7/22/7/26	\$210/220	210202-02
7-13	M-F	9:00-3:00P	7/29-8/2	\$210/220	210202-03

Mountain Bike Camp

Bristol Recreation Department is excited to offer a mountain bike skills camp by Professional Mountain Bike Instructors (PMBI). The camp will be based out of the Hub Teen Center and will have access to the trails, park, and skills field. Riders will learn bike handling skills, basic bike maintenance, and trail etiquette. Riders should be comfortable on their bikes. Sign up for individual days (\$60) or the whole week (\$250)!

Campers must provide their own bike in good working condition, proper close-toed shoes, proper fitting helmet and water bottle.

Location: Hub Teen Center

Instructor: Meridith McFarland **MIN/MAX:** 3/12

Age	Day	Time	Date	R/NR Fee	Code
10-16	M-F	9:00-4:00pm	6/24-6/28	\$250/260	320102-01
10-16	M-F	9:00-4:00pm	8/5-8/9	\$250/260	320102-02

Aprons On! Kids Cooking Camp

Five days of fun with food and cooking. Kids will prepare two to four recipes each day exploring different aspects of cooking and learning about how to stay safe in the kitchen and nutrition all while having fun, being creative, and eating well.

Location: St. Ambrose Church Kitchen

Instructor: Jessica Ball **MIN/MAX:** 5/12

Age	Day	Time	Date	R/NR Fee	Code
8-12	M-F	9:00-1:00P	7/22-7/26	\$110/120	210104-01

Cycling Workshops with Local Motion

Safe Family Everyday Cycling Workshop

This 1.5 hour on-the-road workshop will cover group riding as a family with on-bike and on-road demonstrations. Topics covered include: How to pick a safe route, avoid hazards and ride in style. Strong emphasis will be placed on safety, including subjects such as what to ride and what to wear to be comfortable and visible.

All participants are required to bring working bikes and helmets.

Location: Bristol Town Green

Instructor: Melanie Kessler

Age	Day	Time	Date	R/NR Fee
All	Su	3:30-5:00P	4/28	\$0/0



Learn to Ride Workshop

Local Motion uses the Balance Bike Method to help kids lose the training wheels and learn to ride in just a few hours. The Balance Bike Method allows children to practice balancing before combining it with pedaling. For many children, breaking up the tasks helps them learn how to ride their bicycle more quickly and with less stress. Most kids leave riding a bike within an hour!

If you are interested in volunteering as a bike trainer, training occurs 30 minutes prior to the workshop.

Location: BES Parking Lot

Instructor: Melanie Kessler

Age	Day	Time	Date	R/NR Fee	Code
0-7	Su	10:00-11:00A	4/14	\$20/30	320101-01
7+	Su	11:30-12:30P	4/14	\$20/30	320101-02



Human Powered Parade & Celebration

Let's activate our shared potential for human change! Join the positive revolution and activate your voice, your wheels and your imagination! This community event launches with a professional high flying BMX show and moves through town on human powered wheels. An after party will include a community-wide party at the skate park with bands, pickleball, cargo bike test rides and bike races for kids. Don't miss this growing tradition. If you would like to volunteer contact Melanie bikingmelanie@gmail.com Keep your eyes peeled for community bike decorating workshops during the first week of May. www.humanpoweredparade.org

Location: Bristol Town Green

Instructor: Melanie Kessler

Age	Day	Time	Date	R/NR Fee
All	Su	10:00-2:00P	5/11	\$0/0



Become a Bristol Rec Dept Volunteer

Come and join our growing network of volunteers and become part of a team that is making a difference! Volunteers help with everything from clean-up projects to event planning and setup.

Begin by completing and mailing in the application below or you can find the application online at bristolvtrec.com

*For more information, contact the Bristol Recreation Department
453-5885 or recdirector@bristolvt.org*



Bristol Recreation Department Volunteer Application

Full Name: _____

Primary Phone: _____

Address: _____

City: _____ State : _____ Zip: _____

Email: _____

IF student, please list school : _____ Grade: _____

*Please mail completed application to Bristol Recreation Department
PO Box 249 Bristol VT 05443*



Bristol Recreation Department

PO Box 249, Bristol, Vermont 05443
Phone: 453-5885 Fax: 453-5188 Email: recdirector@bristolvt.org
www.Bristolvtrec.com



Household Information Form

Today's Date: _____

Household Last Name: _____ Resident: _____ Non-Resident: _____
Household Primary Email Address: _____

HOUSEHOLD PRIMARY CONTACT INFORMATION:

Name (First, Last): _____ Date of Birth: _____
Gender: _____ Address: _____
City: _____ State: _____ Zip: _____
Phone (primary) : _____
Email (if different from above): _____

EMERGENCY CONTACT INFORMATION (Other than person above)

Name (First, Last): _____
Relationship: _____
Phone (Primary): _____
Email: _____

FAMILY MEMBER INFORMATION: (Children and/or other household members)

Name (First, Last): _____ Gender: _____
Date of Birth: _____ Grade (grade entering if after 6/1) _____
School: _____
Special Accommodations: _____

FAMILY MEMBER INFORMATION: (Children and/or other household members)

Name (First, Last): _____ Gender: _____
Date of Birth: _____ Grade (grade entering if after 6/1) _____
School: _____
Special Accommodations: _____

FAMILY MEMBER INFORMATION: (Children and/or other household members)

Name (First, Last): _____ Gender: _____
Date of Birth: _____ Grade (grade entering if after 6/1) _____
School: _____
Special Accommodations: _____

ADDITIONAL INFORMATION

Would you like to receive updates regarding upcoming events by email? Yes No

For Office Use Only:

DATE: _____ CHECK: _____ AMOUNT ENCLOSED: _____ RECORDED: _____



Bristol Recreation Department

PO Box 249, Bristol, Vermont 05443
Phone: 453-5885 Fax: 453-5188 Email: recdirector@bristolvt.org
www.Bristolvtrec.com



Registration Form

*Be sure to first fill out the Household Information form before completing this form.
Mail both completed forms to the Recreation Department.*

Household Last Name: _____ Resident: _____ Non-Resident: _____

REGISTRATION INFORMATION

Name (First/Last)	Program Name	Program Number	Fee

Total : _____

WAIVER AGREEMENT

I am fully aware of the risks inherent in the above-named programs and hereby give my consent for myself and/or the name(s) listed above to participate in the programs we have registered for.

I agree to hold harmless the Bristol Recreation Department, the Town of Bristol, its employees, elected officials and any paid or volunteer staff from any and all liability from any injury, claims, costs or loss of service which might be incurred by participation in said programs, activities or events.

I understand that medical insurance coverage is not provided. Permission is hereby granted for the person(s) listed on this form to receive emergency treatment, if needed, and I authorize the attending physician to administer any necessary medical attention. Furthermore, I certify that there are no limitations for the person(s) listed on this form, except as stated.

CONSENT: I hereby consent to and authorize the Town of Bristol the rights to publish, reproduce, and use for advertising purposes, any photograph, video image, audio recording, or any other likeness of myself or the person(s) listed on this form.

I have read this document carefully and sign it voluntarily with full knowledge of its significance.

SIGNATURE: _____ DATE: _____

(Signature of parent/guardian if participant is under 18 years old)

For Office Use Only:

DATE: _____ CHECK: _____

AMOUNT ENCLOSED: _____ RECORDED: _____



Bristol's Teen Center
110 Airport Drive
Open every weekday
noon to 6pm

What if there was a place for your teen to explore new hobbies, meet new friends, get homework help, get a meal after school, make safe and informed decisions, have freedom to express themselves through music and art, learn about career paths from members of the Five Town Community and so much more?

That place exists at the Bristol Hub Teen Center.

No Hate, No Violence, No drugs

We are a safe space for any teen, ages 12-18

OFFER A PROGRAM WITH US

Is there an activity you would like to organize?

Do you have a talent you would like to share?

If so, submitting a proposal is the first step!

All classes should emphasize learning and/or practicing a skill or activity in a fun and engaging way.



Give us a call at 453-5885 or email recredirector@bristolvt.org to request a program proposal form

Are you looking for a place to host a special event?



We've got room for you at Holley Hall!

Whatever the occasion; wedding reception, birthday, meeting, or family get-together.

Holley Hall is a lovely place for all of your gatherings

For more information, please visit bristolvtrec.com or call the Recreation Office at 453-5885

